

# A PRAYER GUIDE FOR ISRAEL & IRAN

PRAYING WITH PURPOSE IN A TIME OF WAR

FROM THE STREETS OF ISRAEL | PURIM 2026

 **FIRM** FELLOWSHIP OF  
ISRAEL RELATED  
MINISTRIES

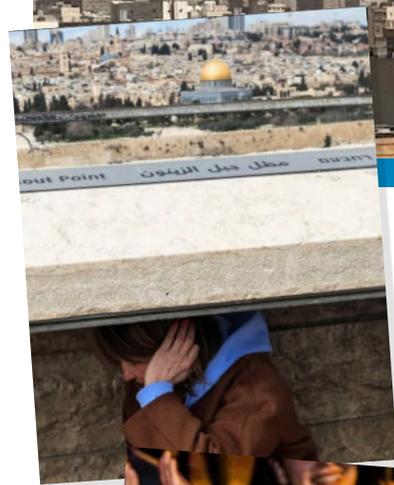
# BEFORE YOU BEGIN.

On a Saturday morning in Israel, families ran to their shelters. In Tehran, a woman who knows the name of Jesus sat across from men who wanted to silence her. Across Israel, children who should be celebrating Purim are listening for sirens instead.

The last few days have been a lot to take in. Whether you are moved by what you are seeing, unsettled by it, or holding both at the same time, you do not have to have it all figured out to **pray**.

This is not a moment for distant observation. This is a moment to pray with focus, with faith, and with real information about what is happening on the ground.

The God who heard Esther's fast hears yours too.



**6 WAYS TO PRAY →**

# 1 **PRAY FOR THE IRANIAN PEOPLE**

**T** HIS IS THEIR FIGHT FOR FREEDOM. THE IRANIAN PEOPLE ARE NOT THE Iranian regime. For nearly fifty years, millions of ordinary Iranians have lived under a government that oppresses its own citizens and funds terror across the region. Today, especially among the younger generation, there is an urgent hunger for freedom. Jeremiah promised restoration for this land. We are praying that promise forward.

## Pray for

- The young generation longing for freedom.
- Just leadership to emerge.
- Protection for Iranian civilians.
- The fulfillment of God's ancient promise over this land.

## Scripture

"In the last days I will restore the fortunes of Elam, declares the Lord." **JEREMIAH 49:39**

"The Lord works righteousness and justice for all the oppressed." **PSALM 103:6**

"Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke?" **ISAIAH 58:6**

# 2 PRAY FOR THE SAFETY OF ISRAEL

 **OVER 170 BALLISTIC MISSILES HAVE BEEN FIRED AT** Israel in a single day. What makes this especially devastating is that several of those missiles have struck public bomb shelters and civilian areas — the very places people ran to for safety. Several people have already been killed. Families are in shelters not knowing if those shelters will hold. Children are frightened. Seventy thousand reservists are on the front lines, and the communities they left behind are waiting and praying.

## Pray for

- The families of those already killed in missile strikes.
- Children and civilians sheltering across the country, that even their places of refuge would be protected.
- Reservists serving on the front lines.
- Continued miraculous protection over the nation as barrages continue.

"He who watches over Israel will neither slumber nor sleep."

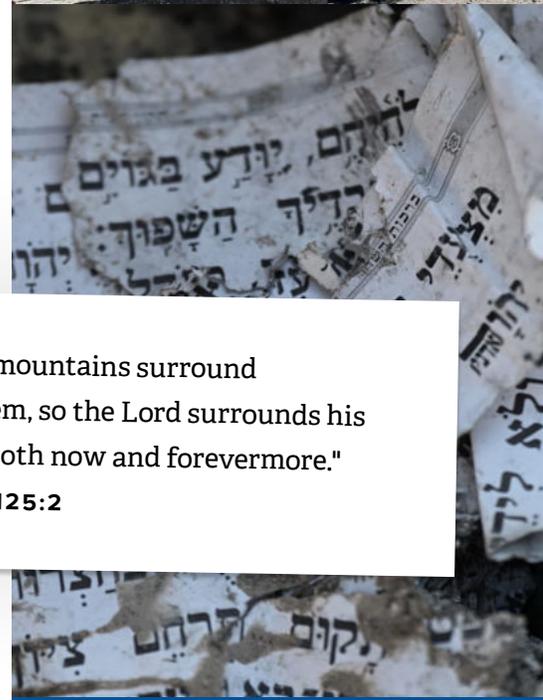
**PSALM 121:4**

"The Lord will fight for you; you need only to be still."

**EXODUS 14:14**

"As the mountains surround Jerusalem, so the Lord surrounds his people both now and forevermore."

**PSALM 125:2**



# 3 **PRAY AGAINST FEAR**

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## Pray for

- Those gripped by anxiety over these headlines.
- Your own heart and mind.
- The church to be a voice of grounded faith rather than amplified fear.

## Scripture

"For God has not given us a spirit of fear, but of power and of love and of a sound mind." **2 TIMOTHY 1:7**

"God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea." **PSALM 46:1-2**

"When I am afraid, I put my trust in you. In God, whose word I praise, in God I trust and am not afraid." **PSALM 56:3-4**

# 4 PRAY FOR THE UNDERGROUND CHURCH IN IRAN

IRAN IS HOME TO ONE OF THE FASTEST-GROWING underground church movements in the world. Millions of Iranians have given their lives to Jesus through persecution, not in spite of it. Right now, as this conflict unfolds, those believers are in real danger. One woman, recently baptized by a friend in ministry, has already been called in for interrogation by IRGC intelligence. She is not alone.

## Pray for

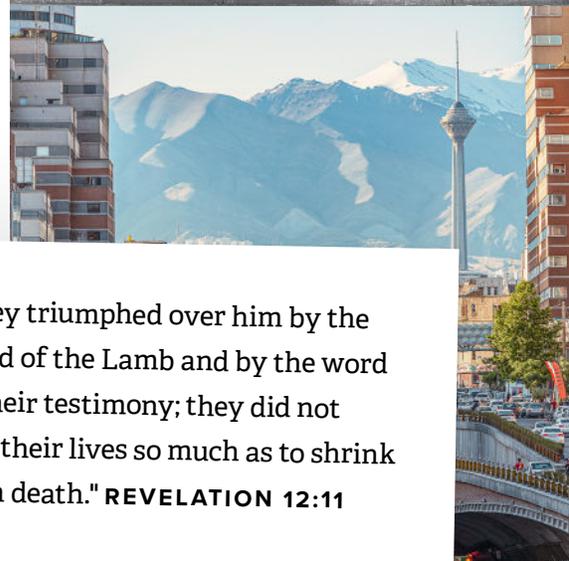
- Every Iranian believer facing interrogation or threat right now.
- Pastors and disciplers shepherding their communities through danger.
- That this moment would open the door to religious freedom across Iran.

"I will build my church, and the gates of hell will not overcome it."

**MATTHEW 16:18**

"Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven." **MATTHEW 5:10**

"They triumphed over him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death." **REVELATION 12:11**



# 5 **PRAY FOR MINISTRIES ON THE GROUND**

**W**HILE MISSILES ARE FALLING, LOCAL MINISTRIES ACROSS ISRAEL ARE moving toward the need. Believers are on the ground delivering first response kits to families affected by the war, meeting people in their most vulnerable moments, and being the hands and feet of Yeshua in real time. This work requires not just resources, but wisdom, strength, and discernment to know where to go, who to serve, and how to bring the love of God into the middle of devastation.

## Pray for

- Strength and endurance for ministry teams working around the clock in difficult and dangerous conditions.
- Discernment to know where the greatest needs are and how to meet them effectively.
- Safety for those delivering aid in areas that have been struck.
- That every first response kit delivered would open a door for the love and presence of Yeshua.
- That the generosity of the global church would resource those on the ground to meet every need.

## Scripture

"Let your light shine before others, that they may see your good deeds and glorify your Father in heaven." **MATTHEW 5:16**

"And let us not grow weary of doing good, for in due season we will reap, if we do not give up." **GALATIANS 6:9**

"The Lord will guide you always; he will satisfy your needs in a sun-scorched land and will strengthen your frame. You will be like a well-watered garden, like a spring whose waters never fail." **ISAIAH 58:11**

# 6

## ***PRAY FOR PEACE IN THE REGION***

**RAN HAS BEEN THE HEAD OF A TERROR NETWORK** funding Hamas, Hezbollah, and the Houthis for decades. If that source is severed, the possibilities for regional peace are real. This is worth praying for with genuine expectation, not just cautious hope.

### **Pray for**

- Pray for a genuine and lasting expansion of Middle East peace.
- The severing of terror funding across the region.
- Wise leadership in every nation affected.

"He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields with fire." **PSALM 46**

"Your kingdom come, your will be done, on earth as it is in heaven." **MATTHEW 6:10**



# ***A FINAL WORD***

**You did not find this guide by accident.**

The God who placed Esther in the Persian court for such a time as this has placed you in this moment too. A woman in Iran is sitting across from her interrogators right now, holding onto Jesus. Children in Israel are falling asleep to sirens. Believers on the ground are loading vans with first response kits and driving toward the need. A generation of young Iranians is standing at the edge of freedom for the first time in their lives.

THEY NEED YOU TO PRAY. NOT SOMEDAY. TODAY.

Visit **FIRMISRAEL.ORG** to become part of the community  
standing with Israel in this historic moment.